



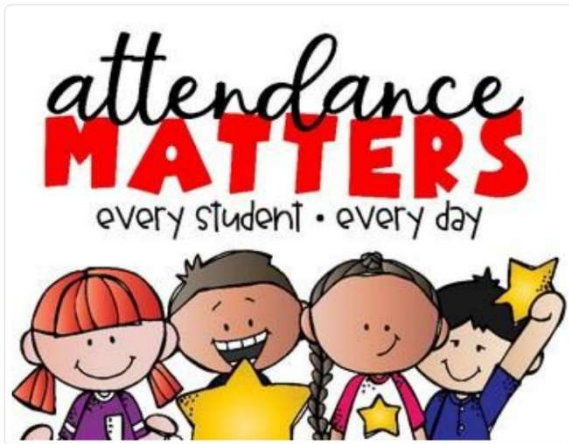
A welcoming family of God.
Growing and achieving together with Jesus by our side.
"I am the vine, you are the branches".

Newsletter 31st January 2025

stteresa@sthelens.org.uk

Twitter: @TeresaCatholic

Tel: 01744 678667



Congratulations to **RECEPTION** amazing attendance this week!!!

135 PUPILS achieved 100% attendance this week – keep up the good work!!

School Target – **96%** School Attendance – **92.9%**

We are currently experiencing a high number of children with stomach bugs. Please read the following guidance from NHS England on how to reduce the spread of norovirus and similar stomach bugs. Please discuss with your child the importance of hand hygiene. [Norovirus \(vomiting bug\) - NHS](#)

Please see below for health advice for infection prevention:

Advice for parents in School and Childcare settings during the winter.

At this time of year, it is common for many respiratory and stomach bugs to circulate, also other illnesses such as scarlet fever and chickenpox, which usually peak in late winter and early spring. Therefore, it is important to re-emphasise basic infection prevention and control principles to reduce the spread of illness and infections in school and in the wider community. The UK Health Security Agency (UKHSA) recommend some simple key actions:

1. Follow Good Hygiene Habits: Encouraging good hand-washing habits is one of the most effective ways to stop the spread. Regularly wash hands in soap and warm water for 20 seconds.

When should hands be washed?

- Whenever they are visibly dirty.
- Before eating.
- After using the toilet.
- After touching any potentially contaminated surfaces.
- After sneezing or blowing your nose.
- After handling pets.
- Before and after messy play.

Using a tissue to catch coughs and sneezes, binning it, and then washing hands will help prevent infection from spreading.

2. Stopping the Spread of Stomach Bugs

If you or your child have diarrhoea and vomiting, washing your hands with soap and warm water and using bleach-based products to clean surfaces will help stop infections from spreading.

Don't prepare food for others if you have symptoms or for 48 hours after symptoms stop.

If your child has diarrhoea and/or vomiting, they should stay off school or nursery for at least 48 hours after their symptoms clear up.

3. When to keep your child at home

If your child has a fever and is unwell, they should stay home from school or nursery until the fever has passed and they are well enough to attend.

If your child has diarrhoea and vomiting, they should stay off school or nursery for 48 hours after their symptoms clear up – this will help stop the spread of stomach bugs. If your child is suffering from one or the other, it is 24 hours.

4. Ensure your child is up to date with their Vaccinations

Vaccines are the most effective way to protect you and your child from many serious infectious diseases such as flu and measles. If you are unsure your child is up to date with their vaccinations, please check your red book or contact your GP who can offer any missed vaccinations.

Useful Resources

NHS UK provides easily accessible guidance for parents to [help manage winter illness at home](#).

Our [e-bug](#) resources for all ages can help you to explain and discuss hygiene habits – and why they are important – to your child or teenager.

Crucial Crew

This morning, the Year 5 children had a great time at their Crucial Crew session. The event is designed to provide children with life skills that will enable them to keep themselves and others safe. The event covered workshops on road safety, the dangers of electricity, peer pressure, safety on and around railways, drugs, alcohol & vaping and who to call in an emergency. The children were exceptionally behaved and were a credit to you and to the school.



This week we have been celebrating the Lunar New Year by learning about the "year of the snake" and sampling Asian cuisine at lunch time. There are lots of celebration events this weekend in Liverpool, please follow the link for more information.

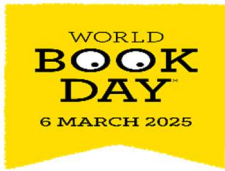
[Lunar New Year 2025 - Visit Liverpool](#)

Safer internet Day – 11th February 2025 - learning will be based around the theme 'Too good to be true? Protecting yourself and others from scams online'

You can find further information here: [Safer Internet Day 2025 - UK Safer Internet Centre](#)



SATs Meeting – Wednesday 26th February 2025. An informal meeting to give parents and pupils a chance to look through some past SATs papers to understand the high expectations our pupils will continue to work hard towards throughout the next few months. Parents can ask further questions about the testing if they wish to do so.



As in previous years we will be putting our own St Teresa's spin on World Book Week. We are once again very pleased to be working closely with the Book Stop book shop in Bridge St., St Helens, to encourage all our children to develop a love of reading. More details will follow in the next few weeks.

This week we welcomed our new Sports Coach, Mr Moran. Please ensure your child has their P.E. kit on Thursdays and the sports sessions for years 3 & 4 will now re-commence.

Dates for Your Diary		
Wednesday 11 th February	Safer Internet Day	Whole School
Wednesday 11 th February	Parent's Evening	More information to follow
Thursday 12 th February	Parent's Evening	More information to follow
Friday 14th February	School Closes – 3:15pm	
Monday 24th February	School Re-opens - 8:50am	

Ongoing Sessions		
	7:50am to 9:50am	3:15pm – 4:15pm
Monday		Fencing Yrs 3,4,5 & 6
Tuesday		Dance Yrs 5 & 6 (till 4:30pm)
Wednesday		
Thursday		Sports Club Yrs 3 & 4
Friday		Girls Rugby Yrs 5 & 6

There will be no Girls Rugby Friday 8th February 2025 – the last session will be Friday 14th February.

